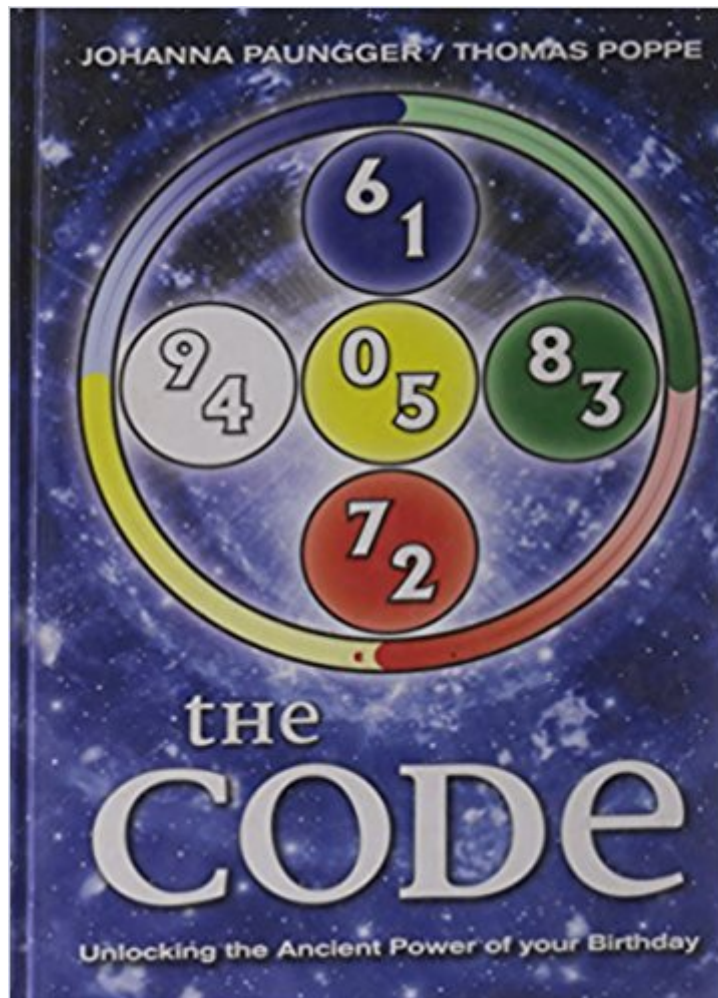




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# The Code: Unlocking The Ancient Power Of Your Birthday



## Synopsis

> introduces readers to an enriching and timeless tradition practiced for centuries in the Western Europe. Going beyond simple numerology and mystic numbers, > offers a practical guide to discovering your personal tendencies, choosing a career, raising children, navigating relationships, and living a fulfilling, healthy life. Each number in your birthdate has its own unique meaning and secret attributes that influence your abilities, personality, and relationships. By integrating the power of your birthday numbers with corresponding colors, the number wheel vividly shows you how to find balance and harmony, unearth your hidden talents, and navigate daily life. For generations the number wheel has been used by the people of Tyrol to help raise children, choose a profession, learn about proper nutrition, treat illness, and make choices that promote physical and emotional well-being. > offers time-tested indigenous knowledge that has been effectively used for centuries.

## Book Information

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## Customer Reviews

“Simple, yet profound ancient wisdom that can easily be applied to everyday life. The information rings so true, it feels as if the book was written specifically for me.” —Perry Finkelstein, independent producer, World Harmony Unlimited  
The Code captivates from the start. Its message is as old as the hills and as new as the dawn. It will help you understand who you are, why you are here, and how you fit into the larger scheme of life. It can change your world or, at the very least, your worldview. But be forewarned: once you pick it up, you won’t be able to put it down!” —Saskia Shakin, The Keynote Coach, author of *More Than Words Can Say*  
A very readable and well-organized text

that should become a standard reference for anyone interested in a holistic approach to living." "NAPRA Review" In the course of my decades of work as a dentist and dental surgeon I have come across many strange facts and circumstances which have been largely connected with certain rhythms in nature. The great enlightenment came with Johanna Paungger and Thomas Poppe, whose books answered in a few hours of study almost all my questions. Today their contribution to the medical profession in general cannot be appreciated enough. Certainly it will take some time until all of my colleagues in the medical profession have accepted that this simple and age-old knowledge is valid and useful. But that's a natural process: The better sometimes has to wait until the pride of the good permits to open its doors." Dr. Siegfried Bächler, president of the German Dental Medical Association

Johanna Paungger is one of ten children of a farmer in the Tyrolean mountains. She was raised to respect the local wisdom that has been kept alive for centuries and handed down from one generation to the next. When she was young, Johanna's grandfather took her in as his apprentice and, over the course of many years, passed on the ancient traditions. Her knowledge includes the art of living in harmony with the moon and healing traditions using herbs, color, movement, bodywork, nutrition, and more. In 1983 Johanna began giving lectures with one goal in mind: To keep alive and pass on the ancient knowledge that had been given to her. Thomas Poppe is the author of more than 20 books and is an Aikido master. With his wife, Johanna Paungger, Thomas has co-authored nine books including several bestsellers that have made her valuable knowledge available to the general public.

Have you dabbled in numerology, but found that the numbers never add up right? Are you enamored of feng shui, but find its overgeneralized process coupled with its rigid application and innumerable fixes to be indecipherable? Have you tried tarot, but found its mystical approach too impossible to quantify in your 3-D existence? If you answered yes to any of the above, then have I got a book for you. The Code, by Johanna Paungger and Thomas Poppe will unlock all the answers to all the questions you ever had about yourself, your life and the why of why you do things the way you do, and it will give you a blueprint – yes, a blueprint! – for how to live your life in greater harmony with yourself and your environment. Truly an eye-opening experience, The Code can be applied at any stage and in all areas of life. If you want to improve your understanding of your life, give yourself a reason to follow that dream you've been ignoring for a while, or just want to understand why you do what you do or live where you live, The Code is for you. That's it.

Go buy the book and solve all your issues.

I bought a kindle version first, but I found it was not good, because many important pictures in the book couldn't be seen clearly on PC kindle. As a result, I bought a paper version later. so i suggest not to buy kindle version for this book.

The Code is a true gem in new information for the New Age. I have practiced numerology for more than 40 years and have studied almost every book written on the subject. The Code presents a wonderfully simple, very accurate method of using just the birthdate to find your "gifts" in this lifetime and shows how to compensate for any lack in your personal code. In working up codes for people I know, I joyfully discovered that some of my grand nephews, born in the years 08, 09 and 2010 are absolutely exceptional souls. They are extremely well balanced and fit the image of souls who are incarnating in the world at this time to change the world and bring about the ascension of mankind. I would very much look forward to an expansion of this work by the authors. The Code is a must for anyone who is aware of the changes that are happening in the world and who look for signs of these in their daily lives. You don't need to know anything about numerology. At the end of the book there are some excellent ideas on maintaining good health by using the Code, and even a recipe on creating a health treating soup by using the colors and numbers in regard to the ingredients for the broth. In looking at my own "Code" of the numbers, cardinal directions and the colors associated, I have found so much information that I was unaware of, especially in relation to my spouse. I think this book is important for another point - that everything is tied together and that everyone has value in their lives, and if they only knew how to make the most of their lives by being in sync with their own vibrations through the Code, this would become a wonderful world with much less strife and much more joy.

recommend to read.

its a great read. when i put in my daughters birthday i was taken aback. i always said she lacked a certain empathy and the numbers showed exactly that. my oldest daughter could explain my down the middle ying and yang approach to most things with this book . i had to buy it it has helped explaining the most difficult thing in the universe....my kids. Again great read. how they figured it out is amazing.

This book just rocks. I was introduced to The CODE on a trip in January and could not put the book down. Upon coming home, I purchased my own copy and have started at page one again. LOADED WITH KEY INFORMATION both for myself and what I can do/use with my clients. I no longer feel like I have to do it by myself. With a missing South and West... I now seek out the assistance I require to fulfill my goals. Thank you Johanna and Thomas for getting this information to the American public. ~Dr Nadine

This is an extremely useful book that has a lot of practical tips that could be easily incorporated into the daily routines. I did not try everything, but what i tried definitely worked. Regardless of your personal ideology, give this book a chance, read it without attitude, and try to implement the given advice in your life. You will be amazed with results.

Easy to understand the ancient art. Plus the concept was repeated through out the book

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